



## Instructor Employment Application

### Personal Information

Full Name: \_\_\_\_\_ Date: \_\_\_\_\_

Street Address: \_\_\_\_\_ Town: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of Birth (If Under 18): \_\_\_\_\_

Are you legally allowed to work in the United States? ☐ Yes ☐ No

Have you ever been convicted of a crime? ☐ Yes ☐ No

If yes, explain. \_\_\_\_\_

Have you ever been convicted or pleaded no contest to any crime involving a minor or a child? ☐ Yes ☐ No

If yes, explain. \_\_\_\_\_

Have you ever been convicted of any sexual crime? ☐ Yes ☐ No

If yes, explain. \_\_\_\_\_

All instructors above the age of 18 are subject to a background check. X\_\_\_\_ (Initial)

### Education

Name/Location	Years Attended	Did You Graduate?	Major/Concentration

### Previous Employment

Employer	Job Title	Dates Employed	Reason For Leaving

List any reason we cannot contact your previous employer. \_\_\_\_\_

Are you currently employed? ☐ Yes ☐ No

Are you currently in the military? ☐ Yes ☐ No

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Availability

	9:00	10:00	11:00	Noon	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	9:00	10:00
Monday														
Tuesday														
Wednesday														
Thursday														
Friday														
Saturday														
Sunday														

Shade in any boxes in which you cannot work.

Additional availability information. \_\_\_\_\_  
\_\_\_\_\_

How many hours would you like to work a week? \_\_\_\_\_

Do you have means of arriving to work on time? ☐ Yes ☐ No

References

Name	Relationship	Phone	E-Mail

Supply at least two references. References will be contacted.

Certifications

List all certifications, if any. Include expiration dates. \_\_\_\_\_  
\_\_\_\_\_

Experience

Briefly explain your experience *instructing* each athletic activity, if any.

Gymnastics	
Cheerleading	
Dance	
Yoga	

Group Fitness	
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Briefly explain your experience *participating in* each athletic activity, if any.

Gymnastics	
Cheerleading	
Dance	
Yoga	
Group Fitness	

List any additional experience you feel would aid in being an athletic instructor. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Placement**

Select the age groups you would ideally like to work with.

- ☐ 2-5
- ☐ 5-6
- ☐ 7-9
- ☐ 9-11
- ☐ 11-14
- ☐ 14-18
- ☐ 18+

Select all programs you would ideally like to instruct.

- ☐ Toddler Athletics

☐ Recreational Girl's Gymnastics

☐ Recreational Obstacle Training

☐ Recreational Coed Tumbling

☐ Recreational Ballet & Lyrical

☐ Recreational Jazz & Hip-Hop

☐ Recreational Cheerleading
- ☐ High School Tumble

☐ Middle School Tumble

☐ Adult Fitness

☐ Adult Yoga

☐ Adult Zumba

☐ Competitive Girl's Gymnastics

☐ Competitive Cheerleading

Select all programs you would be willing to learn to instruct.

- ☐ Toddler Athletics

☐ Recreational Girl's Gymnastics

☐ Recreational Obstacle Training

☐ Recreational Coed Tumbling
- ☐ High School Tumble

☐ Middle School Tumble

☐ Adult Fitness

☐ Adult Yoga

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☐ Recreational Ballet & Lyrical

☐ Adult Zumba

☐ Recreational Jazz & Hip-Hop

☐ Competitive Girl's Gymnastics

☐ Recreational Cheerleading

☐ Competitive Cheerleading

Would you feel comfortable in a leadership position? ☐ Yes ☐ No

Rate your confidence level in creating lesson plans. (1 being the lowest/10 being the highest) \_\_\_\_\_

Number these options in the order that best describes you. (1 meaning most describes you/10 meaning least describes you)

\_\_\_ Fun

\_\_\_ Stern

\_\_\_ Tough

\_\_\_ Reliable

\_\_\_ Smart

\_\_\_ Honest

\_\_\_ Positive

\_\_\_ Sympathetic

\_\_\_ Kind

\_\_\_ Energetic

Select all weight categories you feel confident in your ability to lift.

☐ 27.5lbs-40.5lbs

☐ 40.5lbs-63lbs

☐ 63lbs-100lbs

☐ 100lbs-147.5lbs

☐ 147.5lbs+

### Personal Philosophy

Number these in the order that best describes your personal philosophy. (1 meaning most describes you/15 meaning least describes you)

\_\_\_ I believe a love for the sport is what is most important.

\_\_\_ I want to teach life lessons through athletics.

\_\_\_ Physical strength and talent is most important when creating champions.

\_\_\_ Fun is my main concern.

\_\_\_ Athletes do better with only one instructor, rather than multiple.

\_\_\_ I think it is important for athletes to stay within their "comfort zone."

\_\_\_ I always value the entire individual over "the athlete".

\_\_\_ Emotional/mental strength, combined with hard-work is most important when creating champions.

\_\_\_ It is important to, first and foremost, be friends with the athletes I am instructing.

\_\_\_ Safety is my main concern.

\_\_\_ I like to utilize my sense of humor while instructing.

\_\_\_ Some individuals are simply not coachable.

\_\_\_ I will do whatever it takes to produce champions.

\_\_\_ Parents of athletes should be 100% involved in their child's athletic career.

\_\_\_ The relationship between an instructor and an athlete is more of a partnership than anything else.

In one paragraph or less, in your own words, describe your personal instructor philosophy. \_\_\_\_\_

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In what way are you a positive role model? \_\_\_\_\_

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Describe your willingness to learn. \_\_\_\_\_

\_\_\_\_\_

Do you believe you already know all there is to know about athletic instruction? ☐ Yes ☐ No